

Reading 46

HOMOPHOBIA AS A WEAPON OF SEXISM

SUZANNE PHARR

Patriarchy—an enforced belief in male dominance and control—is the ideology and sexism is the system that holds it in place. The catechism goes like this: Who do gender roles serve? Men and the women who seek power from them. Who suffers from gender roles? Women most completely and men in part. How are gender roles maintained? By the weapons of sexism: economics, violence, homophobia.

Why then don't we ardently pursue ways to eliminate gender roles and therefore sexism? It is my profound belief that all people have a spark in them that yearns for freedom, and the history of the world's atrocities—from the Nazi concentration camps to white dominance in South Africa to the battering of women—is the story of attempts to snuff out that spark. When that spark doesn't move forward to full flame, it is because the weapons designed to control and destroy have wrought such intense damage over time that the spark has been all but extinguished.

Sexism, that system by which women are kept subordinate to men, is kept in place by three powerful weapons designed to cause or threaten women with pain and loss. . . .

We have to look at economics not only as the root cause of sexism but also as the underlying, driving force that keeps all the oppressions in place. In the United States, our economic system is shaped like a pyramid, with a few people at the top, primarily white males, being supported by large numbers of unpaid or low-paid workers at the bottom. When we look at this pyramid, we begin to understand the major connection between sexism and racism because those groups at the bottom of the pyramid are women and people of color. We then begin to understand why there is such a fervent effort to keep those oppressive systems (racism and sexism and all the ways they are manifested) in place to maintain the unpaid and low-paid labor.

Susan DeMarco and Jim Hightower, writing for *Mother Jones*, report that *Forbes* magazine indicated that "the 400 richest families in America last year had an average net worth of \$550 million each. These and less than a million other families—roughly 1 percent of our population—are at the prosperous

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tip of our society. . . . In 1976, the wealthiest 1 percent of America's families owned 19.2 percent of the nation's total wealth. (This sum of wealth counts all of America's cash, real estate, stocks, bonds, factories, art, personal property, and anything else of financial value.) By 1983, those at this 1 percent tip of our economy owned 34.3 percent of our wealth. . . . *Today, the top 1 percent of Americans possesses more net wealth than the bottom 90 percent.*" (My italics.) (May, 1988, pp. 32–33)

In order for this top-heavy system of economic inequity to maintain itself, the 90 percent on the bottom must keep supplying cheap labor. A very complex, intricate system of institutionalized oppressions is necessary to maintain the status quo so that the vast majority will not demand its fair share of wealth and resources and bring the system down. Every institution—schools, banks, churches, government, courts, media, etc.—as well as individuals must be enlisted in the campaign to maintain such a system of gross inequity.

What would happen if women gained the earning opportunities and power that men have? What would happen if these opportunities were distributed equitably, no matter what sex one was, no matter what race one was born into, and no matter where one lived? What if educational and training opportunities were equal? Would women spend most of our youth preparing for marriage? Would marriage be based on economic survival for women? What would happen to issues of power and control? Would women stay with our batterers? If a woman had economic independence in a society where women had equal opportunities, would she still be thought of as owned by her father or husband?

Economics is the great controller in both sexism and racism. If a person can't acquire food, shelter, and clothing and provide them for children, then that person can be forced to do many things in order to survive. The major tactic, worldwide, is to provide unrecompensed or inadequately recompensed labor for the benefit of those who control wealth. Hence, we see women performing unpaid labor in the home or filling low-paid jobs, and we see people of color in the lowest-paid jobs available.

The method is complex: limit educational and training opportunities for women and for people of color and then withhold adequate paying jobs with the excuse that people of color and women are incapable of filling them. Blame the economic victim and keep the victim's self-esteem low through invisibility and distortion within the media and education. Allow a few people of color and women to succeed among the profitmakers so that blaming those who don't "make it" can be intensified. Encourage those few who succeed in gaining power now to turn against those who remain behind rather than to use their resources to make change for all. Maintain the myth of scarcity—that there are not enough jobs, resources, etc., to go around—among the middle-class so that they will not unite with laborers, immigrants, and the unemployed. The method keeps in place a system of control and profit by a few and a constant source of cheap labor to maintain it.

If anyone steps out of line, take her/his job away. Let homelessness and hunger do their work. The economic weapon works. And we end up saying, "I would do this or that—be openly who I am, speak out against injustice, work for civil rights, join a labor union, go to a political march, etc.—if I didn't have this job. I can't afford to lose it." We stay in an abusive situation because we see no other way to survive. . . .

Violence against women is directly related to the condition of women in a society that refuses us equal pay, equal access to resources, and equal status with males. From this condition comes men's confirmation of their sense of ownership of women, power over women, and assumed right to control women for their own means. Men physically and emotionally abuse women because they *can*, because they live in a world that gives them permission. Male violence is fed by their sense of their *right* to dominate and control, and their sense of superiority over a group of people who, because of gender, they consider inferior to them.

It is not just the violence but the threat of violence that controls our lives. Because the burden of responsibility has been placed so often on the potential victim, as women we have curtailed our freedom in order to protect ourselves from violence. Because of the threat of rapists, we stay on alert, being careful not to walk in isolated places, being careful where we park our cars, adding incredible security measures to our homes—massive locks, lights, alarms, if we can afford them—and we avoid places where we will appear vulnerable or unprotected while the abuser walks with freedom. Fear, often now so commonplace that it is unacknowledged, shapes our lives, reducing our freedom. . . .

Part of the way sexism stays in place is the societal promise of survival, false and unfulfilled as it is, that women will not suffer violence if we attach ourselves to a man to protect us. A woman without a man is told she is vulnerable to external violence and, worse, that there is something wrong with her. When the male abuser calls a woman a lesbian, he is not so much labeling her a woman who loves women as he is warning her that by resisting him, she is choosing to be outside society's protection from male institutions and therefore from wide-ranging, unspecified, ever-present violence. When she seeks assistance from woman friends or a battered women's shelter, he recognizes the power in woman bonding and fears loss of her servitude and loyalty: the potential loss of his control. The concern is not affectional/sexual identity: the concern is disloyalty and the threat is violence.

The threat of violence against women who step out of line or who are disloyal is made all the more powerful by the fact that women do not have to do anything—they may be paragons of virtue and subservience—to receive violence against our lives: the violence still comes. It comes because of the woman-hating that exists throughout society. Chance plays a larger part than virtue in keeping women safe. Hence, with violence always a threat to us, women can never feel completely secure and confident. Our sense of safety is always fragile and tenuous.

Many women say that verbal violence causes more harm than physical violence because it damages self-esteem so deeply. Women have not wanted to hear battered women say that the verbal abuse was as hurtful as the physical abuse: to acknowledge that truth would be tantamount to acknowledging that *virtually every woman is a battered woman*. It is difficult to keep strong against accusations of being a bitch, stupid, inferior, etc., etc. It is especially difficult when these individual assaults are backed up by a society that shows women in textbooks, advertising, TV programs, movies, etc. as debased, silly, inferior, and sexually objectified, and a society that gives tacit approval to pornography. When we internalize these messages, we call the result "low self-esteem," a therapeutic individualized term. It seems to me we should use the more political expression: when we internalize these messages, we experience *internalized sexism*, and we experience it in common with all women living in a sexist world. The violence against us is supported by a society in which woman-hating is deeply imbedded.

In "Eyes on the Prize," a 1987 Public Television documentary about the Civil Rights Movement, an older white woman says about her youth in the South that it was difficult to be anything different from what was around her when there was no vision for another way to be. Our society presents images of women that say it is appropriate to commit violence against us. Violence is committed against women because we are seen as inferior in status and in worth. It has been the work of the women's movement to present a vision of another way to be.

Every time a woman gains the strength to resist and leave her abuser, we are given a model of the importance of stepping out of line, of moving toward freedom. And we all gain strength when she says to violence, "Never again!" Thousands of women in the last fifteen years have resisted their abusers to come to this country's 1,100 battered women's shelters. There they have sat down with other women to share their stories, to discover that their stories again and again are the same, to develop an analysis that shows that violence is a statement about power and control, and to understand how sexism creates the climate for male violence. Those brave women are now a part of a movement that gives hope for another way to live in equality and peace.

Homophobia works effectively as a weapon of sexism because it is joined with a powerful arm, heterosexism. Heterosexism creates the climate for homophobia with its assumption that the world is and must be heterosexual and its display of power and privilege as the norm. Heterosexism is the systemic display of homophobia in the institutions of society. Heterosexism and homophobia work together to enforce compulsory heterosexuality and that bastion of patriarchal power, the nuclear family. The central focus of the right-wing attack against women's liberation is that women's equality, women's self-determination, women's control of our own bodies and lives will damage what they see as the crucial societal institution, the nuclear family. The attack has been led by fundamentalist ministers across the country.

The two areas they have focused on most consistently are abortion and homosexuality, and their passion has led them to bomb women's clinics and to recommend deprogramming for homosexuals and establishing camps to quarantine people with AIDS. To resist marriage and/or heterosexuality is to risk severe punishment and loss.

It is not by chance that when children approach puberty and increased sexual awareness they begin to taunt each other by calling these names: "queer," "faggot," "pervert." It is at puberty that the full force of society's pressure to conform to heterosexuality and prepare for marriage is brought to bear. Children know what we have taught them, and we have given clear messages that those who deviate from standard expectations are to be made to get back in line. The best controlling tactic at puberty is to be treated as an outsider, to be ostracized at a time when it feels most vital to be accepted. Those who are different must be made to suffer loss. It is also at puberty that misogyny begins to be more apparent, and girls are pressured to conform to societal norms that do not permit them to realize their full potential. It is at this time that their academic achievements begin to decrease as they are coerced into compulsory heterosexuality and trained for dependency upon a man, that is, for economic survival.

There was a time when the two most condemning accusations against a woman meant to ostracize and disempower her were "whore" and "lesbian." The sexual revolution and changing attitudes about heterosexual behavior may have led to some lessening of the power of the word *whore*, though it still has strength as a threat to sexual property and prostitutes are stigmatized and abused. However, the word *lesbian* is still fully charged and carries with it the full threat of loss of power and privilege, the threat of being cut asunder, abandoned, and left outside society's protection.

To be a lesbian is to be *perceived* as someone who has stepped out of line, who has moved out of sexual/economic dependence on a male, who is woman-identified. A lesbian is perceived as someone who can live without a man, and who is therefore (however illogically) against men. A lesbian is perceived as being outside the acceptable, routinized order of things. She is seen as someone who has no societal institutions to protect her and who is not privileged to the protection of individual males. Many heterosexual women see her as someone who stands in contradiction to the sacrifices they have made to conform to compulsory heterosexuality. A lesbian is perceived as a threat to the nuclear family, to male dominance and control, to the very heart of sexism.

Gay men are perceived also as a threat to male dominance and control, and the homophobia expressed against them has the same roots in sexism as does homophobia against lesbians. Visible gay men are the objects of extreme hatred and fear by heterosexual men because their breaking ranks with male heterosexual solidarity is seen as a damaging rent in the very fabric of sexism. They are seen as betrayers, as traitors who must be punished and

eliminated. In the beating and killing of gay men we see clear evidence of this hatred. When we see the fierce homophobia expressed toward gay men, we can begin to understand the ways sexism also affects males through imposing rigid, dehumanizing gender roles on them. The two circumstances in which it is legitimate for men to be openly physically affectionate with one another are in competitive sports and in the crisis of war. For many men, these two experiences are the highlights of their lives, and they think of them again and again with nostalgia. War and sports offer a cover of all-male safety and dominance to keep away the notion of affectionate openness being identified with homosexuality. When gay men break ranks with male roles through bonding and affection outside the arenas of war and sports, they are perceived as not being "real men," that is, as being identified with women, the weaker sex that must be dominated and that over the centuries has been the object of male hatred and abuse. Misogyny gets transferred to gay men with a vengeance and is increased by the fear that their sexual identity and behavior will bring down the entire system of male dominance and compulsory heterosexuality.

If lesbians are established as threats to the status quo, as outcasts who must be punished, homophobia can wield its power over all women through lesbian baiting. Lesbian baiting is an attempt to control women by labeling us as lesbians because our behavior is not acceptable, that is, when we are being independent, going our own way, living whole lives, fighting for our rights, demanding equal pay, saying no to violence, being self-assertive, bonding with and loving the company of women, assuming the right to our bodies, insisting upon our own authority, making changes that include us in society's decision-making; lesbian baiting occurs when women are called lesbians because we resist male dominance and control. And it has little or nothing to do with one's sexual identity.

To be named as lesbian threatens all women, not just lesbians, with great loss. And any woman who steps out of role risks being called a lesbian. To understand how this is a threat to all women, one must understand that any woman can be called a lesbian and there is no real way she can defend herself: there is no way to credential one's sexuality. ("The Children's Hour," a Lillian Hellman play, makes this point when a student asserts two teachers are lesbians and they have no way to disprove it.) She may be married or divorced, have children, dress in the most feminine manner, have sex with men, be celibate—but there are lesbians who do all those things. *Lesbians look like all women and all women look like lesbians.* There is no guaranteed method of identification, and as we all know, sexual identity can be kept hidden. (The same is true for men. There is no way to prove their sexual identity, though many go to extremes to prove heterosexuality.) Also, women are not necessarily born lesbian. Some seem to be, but others become lesbians later in life after having lived heterosexual lives. Lesbian baiting of heterosexual women would not work if there were a definitive way to identify lesbians (or heterosexuals).

We have yet to understand clearly how sexual identity develops. And this is disturbing to some people, especially those who are determined to discover how lesbian and gay identity is formed so that they will know where to start in eliminating it. (Isn't it odd that there is so little concern about discovering the causes of heterosexuality?) There are many theories: genetic makeup, hormones, socialization, environment, etc. But there is no conclusive evidence that indicates that heterosexuality comes from one process and homosexuality from another.

We do know, however, that sexual identity can be in flux, and we know that sexual identity means more than just the gender of people one is attracted to and has sex with. To be a lesbian has as many ramifications as for a woman to be heterosexual. It is more than sex, more than just the bedroom issue many would like to make it: it is a woman-centered life with all the social interconnections that entails. Some lesbians are in long-term relationships, some in short-term ones, some date, some are celibate, some are married to men, some remain as separate as possible from men, some have children by men, some by alternative insemination, some seem "feminine" by societal standards, some "masculine," some are doctors, lawyers and ministers, some laborers, housewives and writers: what all share in common is a sexual/affectional identity that focuses on women in its attractions and social relationships.

If lesbians are simply women with a particular sexual identity who look and act like all women, then the major difference in living out a lesbian sexual identity as opposed to a heterosexual identity is that as lesbians we live in a homophobic world that threatens and imposes damaging loss on us for *being who we are*, for choosing to live whole lives. Homophobic people often assert that homosexuals have the choice of not being homosexual; that is, we don't have to act out our sexual identity. In that case, I want to hear heterosexuals talk about their willingness not to act out their sexual identity, including not just sexual activity but heterosexual social interconnections and heterosexual privilege. It is a question of wholeness. It is very difficult for one to be denied the life of a sexual being, whether expressed in sex or in physical affection, and to feel complete, whole. For our loving relationships with humans feed the life of the spirit and enable us to overcome our basic isolation and to be interconnected with humankind.

If, then, any woman can be named a lesbian and be threatened with terrible losses, what is it she fears? Are these fears real? Being vulnerable to a homophobic world can lead to these losses:

- *Employment.* The loss of job leads us right back to the economic connection to sexism. This fear of job loss exists for almost every lesbian except perhaps those who are self-employed or in a business that does not require societal approval. Consider how many businesses or organizations you know that will hire and protect people who are openly gay or lesbian.

- *Family.* Their approval, acceptance, love.
- *Children.* Many lesbians and gay men have children, but very, very few gain custody in court challenges, even if the other parent is a known abuser. Other children may be kept away from us as though gays and lesbians are abusers. There are written and unwritten laws prohibiting lesbians and gays from being foster parents or from adopting children. There is an irrational fear that children in contact with lesbians and gays will become homosexual through influence or that they will be sexually abused. Despite our knowing that 95 percent of those who sexually abuse children are heterosexual men, there are no policies keeping heterosexual men from teaching or working with children, yet in almost every school system in America, visible gay men and lesbians are not hired through either written or unwritten law.
- *Heterosexual privilege and protection.* No institutions, other than those created by lesbians and gays—such as the Metropolitan Community Church, some counseling centers, political organizations such as the National Gay and Lesbian Task Force, the National Coalition of Black Lesbians and Gays, the Lambda Legal Defense and Education Fund, etc.—affirm homosexuality and offer protection. Affirmation and protection cannot be gained from the criminal justice system, mainline churches, educational institutions, the government.
- *Safety.* There is nowhere to turn for safety from physical and verbal attacks because the norm presently in this country is that it is acceptable to be overtly homophobic. Gay men are beaten on the streets; lesbians are kidnapped and “deprogrammed.” The National Gay and Lesbian Task Force, in an extended study, has documented violence against lesbians and gay men and noted the inadequate response of the criminal justice system. One of the major differences between homophobia/heterosexism and racism and sexism is that because of the Civil Rights Movement and the women’s movement racism and sexism are expressed more covertly (though with great harm); because there has not been a major, visible lesbian and gay movement, it is permissible to be overtly homophobic in any institution or public forum. Churches spew forth homophobia in the same way they did racism prior to the Civil Rights Movement. Few laws are in place to protect lesbians and gay men, and the criminal justice system is wracked with homophobia.
- *Mental health.* An overtly homophobic world in which there is full permission to treat lesbians and gay men with cruelty makes it difficult for lesbians and gay men to maintain a strong sense of well-being and self-esteem. Many lesbians and gay men are beaten, raped,

killed, subjected to aversion therapy, or put in mental institutions. The impact of such hatred and negativity can lead one to depression and, in some cases, to suicide. The toll on the gay and lesbian community is devastating.

- *Community.* There is rejection by those who live in homophobic fear, those who are afraid of association with lesbians and gay men. For many in the gay and lesbian community, there is a loss of public acceptance, a loss of allies, a loss of place and belonging.
- *Credibility.* This fear is large for many people: the fear that they will no longer be respected, listened to, honored, believed. They fear they will be social outcasts.

The list goes on and on. But any one of these essential components of a full life is large enough to make one deeply fear its loss. A black woman once said to me in a workshop, “When I fought for Civil Rights, I always had my family and community to fall back on even when they didn’t fully understand or accept what I was doing. I don’t know if I could have borne losing them. And you people don’t have either with you. It takes my breath away.”

What does a woman have to do to get called a lesbian? Almost anything, sometimes nothing at all, but certainly anything that threatens the status quo, anything that steps out of role, anything that asserts the rights of women, anything that doesn’t indicate submission and subordination. Assertiveness, standing up for oneself, asking for more pay, better working conditions, training for and accepting a non-traditional (you mean a man’s?) job, enjoying the company of women, being financially independent, being in control of one’s life, depending first and foremost upon oneself, thinking that one can do whatever needs to be done, but above all, working for the rights and equality of women.

In the backlash to the gains of the women’s liberation movement, there has been an increased effort to keep definitions man-centered. Therefore, to work on behalf of women must mean to work against men. To love women must mean that one hates men. A very effective attack has been made against the word *feminist* to make it a derogatory word. In current backlash usage, *feminist* equals *man-hater* which equals *lesbian*. This formula is created in the hope that women will be frightened away from their work on behalf of women. Consequently, we now have women who believe in the rights of women and work for those rights while from fear deny that they are feminists, or refuse to use the word because it is so “abrasive.”

So what does one do in an effort to keep from being called a lesbian? She steps back into line, into the role that is demanded of her, tries to behave in such a way that doesn’t threaten the status of men, and if she works for women’s rights, she begins modifying that work. When women’s organizations begin doing significant social change work, they inevitably are

lesbianbaited; that is, funders or institutions or community members tell us that they can't work with us because of our "man-hating attitudes" or the presence of lesbians. We are called too strident, told we are making enemies, not doing good. . . .

In my view, homophobia has been one of the major causes of the failure of the women's liberation movement to make deep and lasting change. (The other major block has been racism.) We were fierce when we set out but when threatened with the loss of heterosexual privilege, we began putting on brakes. Our best-known nationally distributed women's magazine was reluctant to print articles about lesbians, began putting a man on the cover several times a year, and writing articles about women who succeeded in a man's world. We worried about our image, our being all right, our being "real women" despite our work. Instead of talking about the elimination of sexual gender roles, we stepped back and talked about "sex role stereotyping" as the issue. Change around the edges for middle-class white women began to be talked about as successes. We accepted tokenism and integration, forgetting that equality for all women, for all people—and not just equality of white middle-class women with white men—was the goal that we could never put behind us.

But despite backlash and retreats, change is growing from within. The women's liberation movement is beginning to gain strength again because there are women who are talking about liberation for all women. We are examining sexism, racism, homophobia, classism, anti-Semitism, ageism, ableism, and imperialism, and we see everything as connected. This change in point of view represents the third wave of the women's liberation movement, a new direction that does not get mass media coverage and recognition. It has been initiated by women of color and lesbians who were marginalized or rendered invisible by the white heterosexual leaders of earlier efforts. The first wave was the 19th and early 20th century campaign for the vote; the second, beginning in the 1960s, focused on the Equal Rights Amendment and abortion rights. Consisting of predominantly white middle-class women, both failed in recognizing issues of equality and empowerment for all women. The third wave of the movement, multi-racial and multi-issued, seeks the transformation of the world for us all. We know that we won't get there until everyone gets there; that we must move forward in a great strong line, hand in hand, not just a few at a time.

We know that the arguments about homophobia originating from mental health and Biblical/religious attitudes can be settled when we look at the sexism that permeates religious and psychiatric history. The women of the third wave of the women's liberation movement know that *without the existence of sexism, there would be no homophobia*.

Finally, we know that as long as the word *lesbian* can strike fear in any woman's heart, then work on behalf of women can be stopped; the only successful work against sexism must include work against homophobia.

QUESTIONS FOR CRITICAL THINKING

Reading 46

1. Pharr draws connections between homophobia, sexism, and heterosexism. Considering her discussion, how is homophobia used to control us all, regardless of sexual orientation?
2. How is violence or the threat of violence used to maintain the status quo? For example, have you seen homophobia used to reinforce rigid gender roles?
3. What are some ways that we can work toward eliminating homophobia being used as a weapon of sexism?